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| Name: MR.RAJESH K | Reg No: 1-9SMHC17 |
| Age / Sex:24/M | Contact No:8123069401 |
| Marital Status:SINGLE | Date:1/9/17 |
| Occupation:MECHANICAL ENGINEER. BTECH. | Dr. PJFP |
| Address:  NATIVE ANANTHAPUR. | DIAGNOSIS- |

1. SNEEZING AND LACHRYMATION AND RUNNING NOSE SINCE 3 YEARS ( IN ENGG 3 RD DYR) .

< SOAPS, PERFUMES, WATER CHANGE, TADKA ODORS. REDUCES ONLY IF TAKES CETRIZINE.

FEELS HEADACHE WHEN HE SNEEZES.

1. IF EATS MORE FEELS NAUSEATED AND VOMITS AND MOTIONS ONCE IF HE GOES HE FEELS CLEAR.
2. GETS PIMPLES ON THE BACK OCASSIONALLY . HAS DANDRUFF ALSO.

PAST H/O:

* IN CHILDHOOD HAD FITS FOR 3 YEARS TOOK ALLO RX AFTER THT NO OTHER ISSUES.

FAMILY H/O:

NS

PERSONAL H/O:

DIET: MIXED

DES/APP: SPICY, GOOD.

AGG/AVERSION: MILK FEELS NAUSEATED. FISH DOESN’T LIKE SMELL,

URINE: NORMAL

BWELS:

NS

SWEAT: NS

SLEEP: 7-8 HRS

DREAMS: LIKE FALLING FROM HEIGHTS, SUDDENLY SOMETHING ATTACKING HIM

FEAR: GHOSTS,

HOBBIES: PAPER, NEWS, CINEMAS.

LIKES LEADER MOVIE A LOT. POLITICS.

THERMALS: CHILLY PT. EVEN IN SUMER NEEDS COVERNGS,

KEEPS SMILING ALL THRU THE CASE TAKING.

RX:

1. BROM 30 –DISC 4-0-4 B/FOOD. WITH WATER.
2. THUJA 200 – 2 DOSE S
3. PSOR 200 – 2 DOSES.
4. EUPHRASIA 200- DISC B/FOOD WITH WATER.
5. ALL.CEPA 30 – NIGHT B/FOOD. PILLS WITH WATER.

15/9/17: sneezing reduced. Didn’t feel v unesy like b4.<mng on waking. Feels hungry while taking med.

Rx: 1. Nv 200-15 days

All.cep

Tub 200. 2 doses.

28/10/17: last time took atp medicines. Sometimes gets sneezing. Feels improvement is nothn much. Says better than before but doesn’t feel like it will go completely. Tonsils hypertrophy.

Rx:

1. All cepa 1m+tub1m+euphrasia1m– 8 doses- 1 dose sun/tue/thu/sat/mon/wed/fri/sun. (crushed pills)

2. brom 200- 3-3-3-3 disc

3. lycopodium 200 – 4 doses- sun/wed.

4. thuja 200 – 1 dose - stat

16/11/17: better bt not satisfactory. Med got over so immediately got affected. Tingling sensation in the mng must wake.

Rx:

1. Amm.carb 200 disc 3-0-3
2. Sabadilla 200 – disc 3-0-3
3. Ars 200 – 3 doses – 5 days once b/brush water.

7/12/17: morning a bit uneasy. Pungent odors still agg but not like tht. Sunlight exposure brings lachrymation. Dandruff more.

Rx:

1. Ars1m+puls1m+amm carb1m – 4 -4-4-4 weekly for 4 days… 2 dram pills
2. Kali sulph +nat mur 6x 4-4-4-4.
3. Rubrum 30 – 1 dose night b/food.

5/1/18: after washing face with soap feels a bit of running nose n cold bt only fr 10 min. throughout the day feels better. Dandruff better.

Rx:

1. Ars1m+puls1m+amm carb1m – 4 -4-4-4 alternate weeks for 4 days…2 dram pills
2. Kali sulph +nat mur 12x 4-0-4.
3. Rubrum 60 – 1-0-1 b/food.

3/2/18:

* He had ghee a bit more during these days. Feels sneezing inc a bit. Now and then feels someone is digging finger inside the nose. Eruption in nose from 2-3 months.
* Gets vexed to wait. Starts scolding people bad words also. Doesn’t like waiting. Feels why. Wants to do several things at thinking many things at a time. Wants to get cure once and for all don’t want to roam around the doctor like this.
* Rx:

1. Ars1m+puls1m+amm carb1m – 4 -4-4-4 alternate weeks for 4 days…2 dram pills
2. Psorinum 1m – 1 dose 10th feb
3. Rub 60 1-0-1
4. Disc 4-4-4-4--- 2 bottles.

14/3/18: feeling better. Even without med was able to sustain well. In nose gets small eruptions painful.

Rx:

1. Kali bich 30 – disc 3-0-3
2. Ars1m+puls1m+amm carb1m – 4 -4-4-4 alternate weeks for 4 days…2 dram pills
3. Psorinum 1m – 1 dose 15th march.
4. Rub 60 1-0-1
5. Disc 4-4-4-4--- 2 bottles.

25/4/18:

Feeling better. No eruptions now.

Rx:

1. Ars1m+puls1m+amm carb1m – 4 -4-4-4 1 dram pills.
2. Psorinum 1m – 1 dose 15th march.
3. Rub 60 1-0-1
4. Disc 4-0-4--- 2 bottles.

200 pending

30/06/18: FORGOT MEDICINES. WENT TO INDORE. SAYS HE IS FINE. VERY IMPATIENT HW LONG SHD I TAKE.

RX:

1. ARS ALB 1M / NUX VOM 1M/PSORINUM 1M – 4-4-4-4 1 DRAM PILLS.
2. RUB 60 – 1-0-1 B.FOOD.

4/8/18: 2DAYS BACK HAD MORE SMOKE OCCUPATIONAL. RUNNY NOSE AND EYES REDNES AND UNEASY FEELING.

RX:

1. HISTAMINE 1M – 12 DOSES – WEEKLY. MNG B/FOOD.
2. ARS ALB 1M / NUX VOM 1M/PSORINUM 1M – 4-4-4-4 2 DRAM PILLS. 2 BOTTLES. ALT WEEKS.
3. RUB 60 0-0-0-1 B/FOOD.
4. ARUM DRAC1M+AMM CARB 1M – 4 PILLS SOS. 2 DRAM.SNEEZING/COLD.
5. NAT SULPH 12 X 4-4-4-4 = 2 BOTTLES.

8/9/18: gas problem at times feels like if can vomit will get better. On and off. When eats a lot feels like tht. Loose motions and bloating abdomen. Routine allergic rhinitis medicines.

Rx:

1. HISTAMINE 1M – 12 DOSES – WEEKLY. MNG B/FOOD.
2. ARS ALB 1M / NUX VOM 1M/PSORINUM 1M – 3-3-3 1 DRAM PILLS. 6 BOTTLES. 2 weeks once.
3. RUB 90 0-0-1 B/FOOD.
4. ARUM DRAC1M+AMM CARB 1M – 4 PILLS SOS. 2 DRAM.SNEEZING/COLD.
5. NAT SULPH 12 X 4-4-4-4 = 3 BOTTLES.
6. carbo veg 30/ipecac30 – 15 gram bottle gastritis sos.
7. Tub1m 12 doses – weekly b/brush water.

18/4/19: had once difficulty in breathing and sneezing.

Rx:

1. HISTAMINE 1M – 6 DOSES – once in 2 weeks. MNG B/FOOD.
2. ARS ALB 1M / NUX VOM 1M/PSORINUM 1M – 3-3-3 1 DRAM PILLS. 6 BOTTLES. Monthly once
3. RUB 45 tabs alternate days. 0-0-1 B/FOOD.
4. ARUM D1M+AMM CARB 1M – 4 PILLS SOS. 2 DRAM.SNEEZING/COLD.
5. NAT SULPH 12 X/ nat mur 12x 4-0-4 = 3 BOTTLES.
6. carbo veg 30/lyco30/nux vom 30 – 15 gram bottle gastritis sos.
7. Tub1m 6 doses – 2 weeks once. b/brush water.

r/a 3 months.

7/8/19:rt. Side feels watery at times. 2-3 days. Throat pain. Breathing difficulty. Lachrymation.

Rx:

1. Gelsimium1m/ars1m/ nux vom – 4-4-4-4-4 for 3 days.
2. Tulsi vasaka 2-2-2 b/food.

After 3 days

1. Ars1m+puls1m+amm carb1m – 4 -4-4-4 alternate weeks for 4 days…2 dram pills
2. Psorinum 1m – 1 dose after cold reduces.
3. Rub 30
4. Calotropis Q 15-0-15 drops a/food.